

Prayer Before the Divine Office

Aperi, Domine, os meum ad benedicendum Nomen sanctum tuum; munda quoque cor meum ab omnibus vanis, perversis et alienis cogitationibus; intellectum illumina, affectum inflamma, ut digne, attente ac devote hoc Officium recitare valeam, et exaudiri merear ante conspectum divinae Maiestatis tuae. Per Christum Dominum nostrum.

Amen

Domine, in unione illius divinae intentionis, qua ipse in terris laudes Deo persolvisti, has tibi Horas (**vel hanc tibi Horam**) persolvo.

O Lord, open Thou my mouth to bless Thy holy name; cleanse my heart also from all vain, evil and wandering thoughts; enlighten my understanding, kindle my affections, that I may be able to recite this Office worthily, attentively and devoutly, and may deserve to be heard in the presence of Thy divine Majesty. Through Christ our Lord.

Amen

Lord, in union with that divine intention, wherewith Thou Thyself didst praise God whilst Thou wast on earth, I offer these Hours (**or this Hour**) unto Thee.

*An indulgence of 3 years
(S.P. Ap., Nov. 17, 1933)*

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Sacrosanctae et individuae Trinitati, Crucifixi Domini nostri Iesu Christi humanitati, beatissimae et gloriosissimae semperque Virginis Mariae fecundae integritati, et omnium Sanctorum universitati sit sempiterna laus, honor, virtus et gloria ab omni creatura, nobisque remissio omnium peccatorum, per infinita saecula saeculorum.

Amen

V. Beata viscera Mariae Virginis quae portaverunt aeterni Patris Filium,

R. Et beata ubera quae lactaverunt Christum Dominum.

Pater et Ave.

To the most Holy and undivided Trinity, to the Manhood of our Lord Jesus Christ crucified, to the fruitful Virginity of the most blessed and most glorious Mary ever Virgin, and to congregation of all the Saints be ascribed everlasting praise, and to us be granted the forgiveness of all our sins, world without end. Amen.

V. Blessed be the womb of the Virgin Mary, which bore the Son of the Eternal Father.

R. And Blessed be the breasts which gave suck to Christ our Lord.

Our Father and Hail Mary.

*An indulgence of 3 years
(S.P. Ap., Dec. 1, 1933)*